



# PSYCHIC RESEARCH

## NEWSLETTER

VOL. 2 NO. 2 MARCH APRIL 1985

### COLOR AND SOUND: ITS INFLUENCE ON THE HUMAN BODY

In the last newsletter we wrote on "Man, The Human Crystal". In this article we will look at the external influences that both color and sound have on this subtle body, as well as the dense physical body.

Throughout the ages man has been aware of the impact and influence of both sound and color. In our laboratory, and those of other scientists that are working with us, we are studying the effect of both sound and color on healing and how these vehicles aid in the stabilizing of man. The primary experimenter for color is Dr. Bernard McGinity and for sound, Augie Blume.

Much has been written and published on this subject and our experimental plan is focused on the study of the brain wave patterns of EEG, Alpha (8-14 cycles), Beta (14-28 cycles) and Theta (4-8 cycles). What we are looking for is the change in these patterns upon exposure to color, light and sound with and without the crystal.

In my early work using plants as a sensor for the bio-electric vibration measurements, it was found that specific tone frequencies caused resonance to take place in both the observer and the plant system. These occurred at 700 cycles, 14 kilocycles and 21 kilocycles. These resonant nodes discovered in 1970 and 1971 are now found to be true with crystals. They act as an amplifier, and bring about an increase in brain wave activity. As we have found the peak stimulation vibrations with sound, we are now looking for the equivalency in light and color. As we progress in our research, data will be shared with you.

Much has been written on the psychophysics of color and sound. The correlation of these vibrations with specific function activity in and around the body has received little attention. This is our work; to quantify the activity of color, light and sound, in its feeding, stimulating and releasing various patterns of vibration which are contained, locked, and fixated in the subtle body of man.

When we think of color, especially clothing that is worn, we should always consider the duality of the color being worn. This color is reflecting that vibration into space, thereby working on the subtle body with that radiation. The complement of that color is being absorbed into the dense physical body with its absorption characteristics.

Let us now take a yellow object or garment and place it on the thymus or witness area of your body. The color yellow states that all of the light shining on the surface is being absorbed and what is being reflected is yellow. The compliment of yellow is blue green, and it is this color that affects the physical body.

The dualism of color is not present when one deals with light passing through a transparent filter. A filter absorbs all radiation except that particular color that one sees. Therefore, it allows one to be bathed in both the physical and subtle body with that radiation. This has no element of dualism.

There is another class of pigments which absorb ultra-violet radiation and emit these as fluorescent colors. These are pure sources of pigmental color without the element of dualism. They absorb the radiation that is not in the visible spectrum and translate it into fluorescence and visible light. These types of color are spoken of as daylight fluorescent colors. The effect of these colors is very powerful, especially in the witness area. Test these for yourself, by taking swatches of daylight fluorescent fabric or color swatches, placing the sample on the witness area and breathe in deeply. Observe the effect on your equilibrium (balance) with the color present and then not present. Next try it with ordinary pigments and test the difference.

Write to us about your experiences with the stimulating and emotional aspects of color, when worn on your body.

## **A TEAM OF CRYSTAL HEALING INSTRUCTORS ARE NOW AVAILABLE FOR SEMINARS**

We have developed a group of presenters that will help you gain greater understanding in the use of the healing crystal. At this time we have four excellent presenters to aid Marcel Vogel in his efforts to get the good news out. 1. Leonard Laskow, M.D. 415/381-5000

2. John Adams, M.D. (So. Calif. only) 213/698-7919

3. Dr. Rozanne Bazinet, PhD 916/265-5133

4. Robert Fritchie, 408/659-2862

For further information contact them, or P.R.I. 408/279-2291

### **EDITORS BOX**

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Tel.408/279-2291 Subscriptions \$25.00 for 12 issues, back issues \$4.00 each. P.R.I. is a non-profit corporation using scientific research and education to aid mankind.

## LOS ANGELES BROADCAST

On February 10th Marcel Vogel found himself sitting in his living room and talking to the vast audience of KABC, Los Angeles. This radio program lasted for three hours as its host Bill Jenkins, explored Marcel's "Open Mind". The letters have deluged us, and the responses are still being received and handled.

First the audience was asked to hold up their hands. From his home in San Jose, Marcel charged the crystal and released waves of energy to this remote and dispersed group. Many people on the air and in the letters we have received say that they felt the phenomena.

Then Marcel broadcast the smell of a rose. Even more people experienced this essence. But the number of people that were able to bend spoons, after a brief remote instruction, was the topper. About one in ten of the letters and a higher amount who called in to the show, were able to bend the flatware. One boy wrote us that he not only bent the fork in his hand, but one on the table in front of him. He assured us in the letter that we would not believe the rest....all the flatware in the drawer was also bent. We do believe because this has happened before.

The most important work of the night, was the broadcasting of pain relief. Many people reported partial or total relief that night, some reported remission of all pain. We understand that some of this will be psychosomatic. We also understand, from our research, that pain relief can be broadcast to an individual without physical contact. It would be impossible to wire up a radio audience to test their actual response....but wouldn't it be fun? Perhaps next time [October 5th on KABC 9:00-12:00pm] interested scientists, with appropriate equipment, could wire up subjects and apply a constant stimulus to see if there is any change in their sensitivity. Ideally, the subject should not know the moment of the broadcast of the energy, [headphones?] and not be able to see the stimulus being applied. This should be announced for several weeks before the next appearance on "Open Mind".

**psy-chic** (sī'kik), *adj.* Also, **psy'chi-cal**. 1. of or pertaining to the human soul or mind; mental (opposed to *physical*). 2. *Psychol.* pertaining to or noting mental phenomena that cannot be explained otherwise than as originating outside of or independent of normal physiological processes. 3. outside of natural or scientific knowledge; spiritual. 4. of, pertaining to, associated with, attributed to, or caused by some nonphysical force or agency: *psychic research; psychic phenomena*. 5. specially sensitive to influences or forces of a nonphysical, apparently supernatural nature. —*n.* 6. a person who is specially sensitive to psychic influences or forces; medium. [*< Gk psūchik(ōs) of the soul. See PSYCHE, -ic*] —**psy'chi-cal-ly**, *adv.*

*The Random House Dictionary of the English Language*

## **EXPERIMENT NO. 11 CHARGING OF WATER WITH A CRYSTAL**

In the lead article we spoke of the influence on our body of light, sound and color. We will now look at the influence of putting a charge into water with a crystal. Buy a gallon of spring water that is relatively free of contamination and chlorination. Get two large glasses and fill each of them to the same level. Put one glass aside as a control. Now bring the tip of the crystal (natural, or cut by us for healing or meditation purposes) into position. Focus your mind on the crystal two to three inches above the water line of the glass, take a deep breath and release the breath into the crystal. Now close your eyes and become the crystal, projecting the thought of love and well being into the crystal and into the water. Do this for two to three minutes and then taste the water. Now compare it to the control. Repeat this experiment doing the same thing in the dark. Then, use a strong incandescent light source over the water and the crystal.

The next experiment is to create in your mind the thought of a strong herb like mint, and project this thought into the water through the crystal. Then taste the water and see if you can experience the essence of this herb created by your own mind. We would appreciate your writing to us on the results of your experimentation.

### **Note:**

As an addition to these experiments try the tip facing in the reverse direction and observe what changes take place. We have done this and the results are quite dramatic. The energy which one releases with thought through the crystal causes water to be structured and this structuring can be observed in a Cary Model 15 Spectrophotometer. Dr. Leonard Laskow did these experiments with a four sided healing crystal and had positive results from the initial test. During a period of weeks of subsequent re-testing of the water, we found increased activity taking place. For this research it is suggested that the water samples that you create be tested after treatment, the next day, and a week later. Have fun.

## **EXPERIMENT NO. 12 COLOR EXPERIMENTS WITH THE CRYSTAL**

In this experiment we will study the effect of color being projected through a crystal into water. In the past people have noted variation in the texture and taste of water being placed under a pyramid, being put into bottles of various colors and exposed to sunlight for a period of time, and being exposed to intense gamma radiation. People who have healing powers have held vessels of water in their hands and injected the thought of love and well being into the water. This gives the water an entirely different taste and texture.

We will look into structuring or modifying the character of water with color. Obtain a set of four filters, red, yellow, green and blue (either gelatin or glass). Place a filter above the surface of the water on the experimental glass. Project the thought of love and well being through your crystal, the filter, and into the water. Do this for three minutes and observe the effect on the taste buds, if any change is taking place with the water, with this test.

Repeat the test for each of the subsequent colors and put them aside for an hour. Mark each one of the vessels, close your eyes and then taste. See if you can pick up a variation in the taste. The experiment can be repeated using water that is chilled in a refrigerator, treating at the lower temperature, allowing it to come up to room temperature and then do the testing. This type of experimental testing gives you an understanding of how this effects the body of an individual. We are at least 70 percent water.

### **CLEARING JEWELRY AND GEMS THAT ARE WORN AFTER A HEALING SESSION**

We have found when treating people with crystal therapy that their jewelry should be removed prior to treatment and then demagnetized prior to returning the jewelry to their body. A reflexology test shows the importance of doing this procedure. When you clear the body of unwanted vibrations, a residual charge is still present in crystal, diamonds and some metals that an individual has been wearing. A re-planting of these vibrations back into the auric field of the body can take place from these objects. Demagnetize.

### **LABORATORY EXPERIMENT RESULTS**

One of the major studies, that we are currently conducting, evaluates the effects on the body of an operator holding a natural crystal versus a specially cut healing crystal. The crystals used were four, six, and eight-sided double terminated, plus a six-sided single terminated crystal.

We are studying the EEG, GSR, blood plethysmograph, brain wave activity in alpha, beta, theta and delta, plus the temperature. The results to date are very exciting and the following are preliminary results.

- 1.[Four-sided, double terminated healing crystal, quartz Arkansas and Brazil, operator Marcel Vogel] Increase in theta when crystal is placed in the hand, with a decrease in alpha, and increase in beta.
- 2.[Six-sided Brazil, double terminated] No change in alpha, increase in beta and maintenance in theta.
- 3.[Eight-sided, double terminated crystal] There is an expansion of theta, a strong expansion of beta, and a suppression of alpha.
- 4.[Six-sided, double terminated] there is a suppression of theta, expansion of beta and slight reduction in alpha.

II. We will soon have data on natural Brazilian quartz crystal. There was a dramatic interference with Marcel's capacity to breathe, and a feeling of suffocation when this crystal was just held in his hand.

From what we have seen to date it is indicative that real changes in the brain wave activity can and do take place when an operator works with crystals of this type.

As this data becomes more highly refined and is repeated it will be published in a technical bulletin.

Note: All of the crystals were demagnetized with a bulk demagnetizer prior to testing.

## QUESTIONS & ANSWERS

Q. As a beginner, how do you tell if you are able to broadcast energy?

A. Using a natural quartz crystal or a faceted healing crystal, charge the crystal with rotation and breath. As you hold the crystal in your hand, project energy to the other hand. As you stare intently at the crystal, you will at first feel a cool wind striking the opposite hand, then a tingling sensation. The distance between the hands should be about twelve inches for best results. To assist you in identifying these vibrations, have another person pass his/her hand between the crystal and your opposing palm. As his/her hand moves up and down, you will feel the movement reflected in your palm. Do this first with your eyes open, and then with them closed. In a short time you will know when his/her hand is in or out of the field. This helps establish in your mind the fact that energy is moving from the crystal to your hand, and that it can be interrupted by another person.

Q. What are the basic hand motions when using the healing crystal?

A. There are four basic hand movements: (1) an up and down oscillating field; (2) a circular clockwise field; (3) a counter clockwise motion; (4) a steady field, with slight movements of the crystal, to find the angular position that gives the maximum field strength.

Q. How do you increase the sensitivity of your hands when working with the crystal?

A. To increase your sensitivity to the energy from the crystal tip: (1) wash your hands in soap and water; (2) dry them carefully; (3) rub them together vigorously to build a surface charge.



## PROFILES

NORMAN de LAUDER MIKESSELL, M.Sc. has developed a review paper "Structured Water: Its Healing Effects on the Diseased State". (This is for sale through Psychic Research Incorporated, see page 11)

Norman received his degrees in cytogenetics, from the University of Oregon at Eugene. In 1979 he started his own corporation, Fusel Oil Company, an industrial microbiology corporation. Mikesell designed factories to turn agricultural wastes, tree slash, and sewage into ethyl alcohol, Shiitake mushrooms and Spirulina algae. In 1983 he started working on ways to detoxify the body from industrial pollutants: herbicides such as agent orange, pesticides, heavy metals and radioactive compounds. He worked on stopping cancers and leukemias which develop from these industrial metabolic poisons. Last year he extended his work on ways of producing structured water for curing metabolic diseases. Norman started working with Marcel Vogel on scientifically verifying the use of crystals, light, sound and minerals to structure water and study its effect on healing diseases. Mikesell's paper deals with how structured water occurs in healthy tissues, what happens to it in the diseased state and how to form structured water. How: crystals, light, sound, magnets, minerals, pyramids and homeopathic dilutions will form two types of structured water. The chemical solubility of trace minerals are different in bulk waters and these two types of structured water. The paper will include his original work on structured water from 1974, "Cellular Regeneration", a research proposal for Jack Swartz of the Aletheia Foundation. This showed structured water formation in healthy tissues and homeopathic dilutions. The cancerous and aging lose this structured water, also the accompanying trace minerals. Norman has taken on the responsibility of using the Beckman Analytical Ultra centrifuge for characterising the changes in blood chemistry. We will be monitoring the progress of blood from the diseased state to the healthy state.

Dennis DiBartolomeo received his BS in Astromomy at California Institute of Technology in Pasadena, California. His masters was in Psychology from University of California. For some time he has been a practitioner of Buddhist meditation, and he has a long term interest in personal transformation.

Dennis has an extensive background in electronics, and is quite talented in wood and metal work. Since the inception of P.R.I. he has brought the numerous pieces of used equipment, necessary for the research we are doing, up to professional operating levels. The current research interests of this capable young man are in the energy monitoring of plants and crystals.

**BOOK REVIEWS**

GEMSTONES, CRYSTALS AND HEALING, by Thelma Isaacs, Lorien House, P.O. Box 1112, Black Mountain, NC 28711 This book deals mainly with the esoteric aspects of crystals and offers a challenging series of thoughts as to the healing properties and uses for which the various gems and minerals were used. This book is more technical and meaningful than the book "Healing Stones".

GEM-STONES OF THE SEVEN RAYS, by C. Nelson Stewart, The Theosophical Publishing House, Adyar, Madras, India. This is an old book. For one to understand this book, one must be conversant with esoteric teaching and philosophy. Namely, that all matter that we have on this earth plane is a product of the interaction of various solar bodies and forces. These vibrations of the solar bodies precipitate matter into elements that we identify as metals, crystals, and other forms of physical matter. This is a good reference book. It will be hard to read, but offers the reader additional sources of information on the crystal work.

CRYSTALS AND CRYSTAL GROWING, by Alan Holden and Phyllis Singer, Anchor Books, Doubleday & Co., N.Y. A gem of a book which gives practical experiments in growing crystals. This is much the same as when you grow plants. Various crystals can be made of chemical compounds, demonstrating the wonderful order with which we are surrounded. A book for all ages, and a book that will involve the whole family. This book is a recommended purchase. We can all gain so much by experiencing the oft-neglected world of crystals and crystal growing.

PRECIOUS STONES, Their Occult Power and Hidden Significance, by W. B. Crow, The Aquarian Press, 37/38 Margaret St., London, W1, United Kingdom. This is an older book of small size, 64 pages, which discusses us of the historic aspects of crystals. The emphasis is on the occult or properties of crystals.

CRYSTAL GAZING AND CLAIRVOYANCE, by John Melville, Samuel Weiser, N.Y. This is a book on crystal divination, describing the application of crystals, especially a crystal ball, to help one achieve various states of altered consciousness. I have found that the ritual given in this book is not necessary. To tune in to a crystal ball, you start by rubbing it in your hands until the ball sticks to the hand. Then, transfer your consciousness to the ball, and you can observe with great clarity the images that form by the precipitation of the energy of the mind into the field stored by the crystal. By this means very powerful, informative, and interesting phenomena can be experienced without any form of negative interference.



AP MA Note - Each issue Marcel Vogel will be investigating and reviewing new additions to the Psychic Research Library and commenting on their significance to the studies undertaken in the labs. This information is not going to be strictly scientific. These books should provide you with further understanding of the subtle energies we are investigating.

**MARCEL VOGEL: TEACHING SCHEDULE FOR 1985**

- 1985 MAY 31-JUNE 2 JOY LAKE, NV "Introduction to the Joy of Living" Friday evening, Saturday & Sunday
- JUNE 2-7 JOY LAKE, NV "Joy of Living" (Sunday evening, Monday thru Thursday and Friday evening)  
Contact - Alan Morvay, P.O. Box 1328, Reno, NV 702/323-0378
- JUNE 12 BOULDER CREEK, CA "Intuition-for Wisdom and Power" Spiritual Adventure Camp, Myron Allen, 408/354-7488
- AUGUST 15-18 THORNTON, CO The Psychotronic Convention, "The Measurement of Life Energy Forces",  
Contact-Dean Stonier, 3273 E. 119th Pl., Thornton, CO 80233 303/452-9300
- AUG.30-SEPT.1 JOY LAKE, NV "An Introduction to Crystals" (Friday evening, Saturday & Sunday)
- SEPTEMBER 1-6 JOY LAKE, NV "Therapeutic use of Crystals and Crystal Devices" (Sunday evening -Friday morning)  
Contact - Alan Morvay, P.O. Box 1328, Reno, NV 702/323-0378
- SEPTEMBER 21-28 A CRUISE Biomagnetic Research Assn. Cruise/Lecture on S.S. Norway-Lela Devi, 4200 Boston #4, Lubbock, TX 79413
- OCTOBER 11-13 JOY LAKE, NV "Thought Photography Symposium" (Friday evening, Saturday & Sunday)
- OCTOBER 13-18 JOY LAKE, NV "Thought Form Building & Thought Photography" (Sunday evening-Friday morning) Contact - Alan Morvay, P.O. Box 1328, Reno, NV 702/323-0378

**MARCEL VOGEL: RADIO APPEARANCES**

- MAY 17th-friday-KPFA Berkeley, 12:00 noon "New Horizons" w/Will Noffski
- MAY 21st-tuesday-KPFA Berkeley, 8:00 pm "Joy of Living w/Will Noffski
- AUG.14th-wednesday-KPFA Berkeley, 8:00 pm "The Therapeutic use of Crystals" w/Will Noffski
- OCT. 4th-friday-KPFA Berkeley, 8:00 pm "Thought Form" w/Will Noffski
- OCT. 5th-saturday-KABC Los Angeles 9:-12pm "Love, and Essence Chemistry Experiment", w/Bill Jenkins

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Contact - Alan Morvay, P.O. Box 1328,  
Reno, NV 702/323-0378

SEPTEMBER 21-28 A CRUISE Biomagnetic Research Assn. Cruise/Lecture  
on S.S. Norway-Lela Devi, 4200 Boston #4,  
Lubbock, TX 79413

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OCT. 5th-saturday-KABC Los Angeles 9:-12pm "Love, and Essence Chemistry  
Experiment", w/Bill Jenkins

## CRYSTALS, TAPES, PAPERS, AND WORKBOOKS

We are now able to supply limited amounts of Healing Crystals, cut specifically to be used for that purpose. It is recommended that the beginners learn on these four sided crystals. They are \$400.00, plus \$26.00 sales tax for California residents. Six or eight sided crystals must be ordered well in advance and are \$500.00 and \$600.00, plus California sales tax. Meditation Crystals are \$150.00, plus \$19.75 in California sales tax. Natural Quartz Crystals, demagnetized and cleared \$25.00 each tax included.

AUDIO TAPES - We are now selling them for \$7.50 each. Titles Available  
\*"Crystals, Healing and Medicine"      \*"Loves Power to Heal"  
\*"Crystal Meditation"                      \*"How to Use the Healing Crystal"  
\*"Crystal Healing Workshop 4/84" (5 tapes per set, tape book included)  
\*"Crystal Healing Workshop 10/84" (6 tapes per set, tape book included)  
\*"Joy Lake Masters Program 10/84" (24 tapes per set, tape books incl.)  
[A description sheet of individual tapes is available on request]

VIDEO TAPES on Crystal Healing will be offered in the near future. We have two papers available at this time. Norman de Lauder Miksell's Norman de Lauder Miksell - "Structured Water: Its Healing Effects on the Diseased State". \$30.00

Rozanne Bazinet - "The Effects of Wearing a Quartz Crystal on Measures of Stress Tolerance in Individuals". \$35.00

WORKBOOK - Marcel Vogel put together a Workbook for the Washington Lectures and it was a great success. The revised edition is scheduled to be available May first, and those whose books have been back-ordered will get this edition. It is a fascinating melange of information, exercises and ideas, \$15.00 each.

### CERTIFICATION COURSE

A Transformational Healing Masters Course is being presented at Joy Lake in three week-long sessions: May 31-June 7, Aug. 30-Sept.6, Oct.11-18. If you successfully complete this course you will be certificated. Contact Alan Morvay, P.O. Box 1328, Reno, NV 89594 [702/323-0378]



## DR. BAZINETT: LECTURES

- APRIL 26-28 NEVADA CITY, CA SELF HEALING INTENSIVE USING CRYSTALS AND  
SUBTLE ENERGY 916/265-5133  
MAY 18TH SACRAMENTO, CA THE MYSTIQUE OF CRYSTALS AND SUBTLE  
ENERGIES, Creative Awareness Center  
483/916-2755  
MAY 24-26TH NEVADA CITY, CA SELF HEALING INTENSIVE USING CRYSTALS AND  
SUBTLE ENERGIES 916/265-5133  
Creative Awareness Center 483/916-2755  
JUNE 8TH SACRAMENTO, CA Kairos Institute, 619/942-2191  
JUNE 21-23 ENCINITAS, CA INDIVIDUAL SESSIONS  
JUNE 24TH ENCINITAS, CA

## DR. LEONARD LASKOW, M.D. LECTURES

- MAY 11TH MILL VALLEY, CA SPIRITUAL MASTERY AND THE ART OF HEALING  
with Judith Larkin Ph.D. -call 415/381-5000  
25TH MAUI, HI SPIRITUAL MASTERY AND THE ART OF HEALING with  
Judith Larkin Ph.D-Gail Michelle 808/572-6483  
JUNE 1 & 2 SAN DIEGO, CA CRYSTALS AND HEALING  
-call Irving Katz Ph.D 619/753-4041  
JUNE 29TH SAN DIEGO, CA ADVANCED PRINCIPLES OF TRANSFORMATIONAL  
MEDICINE with Marcel Vogel  
JUNE 30th LOS ANGELES contact Judith Larkin Ph.D. 619/944-9127  
JULY 27TH FRESNO, CA ASPECTS OF TRANSFORMATIONAL HEALING  
contact Brent Hanson 209/225-1501

## THINGS TO PONDER

In the fifth century, Jerome later to receive sainthood, led a group of scholars that compiled and translated the Bible from the Aramaic into Latin. There were discrepancies from the original. One of the most interesting was the substitution of meek for disciplined. They are very similar in Aramaic but, "The diciplined shall inherit the earth" makes much more sense in the world. There is a book published first in 1926 and 1927 that contains an English translation of the books not included in the New Testament. It is presented without comment or prejudice. The name of the book is, "The Lost Books of the Bible and the Forgotten Books of Eden". The Forgotten Books were from the Old Testament. (In the next issue we will excerpt Enoch on the Hierarchy.) Some of the books not included dealt with the early life of Christ. Why they were left out I can only guess. What is important for us at P.R.I. is that there is great stress on Christ's bath water and the great healing properties it was to have possessed. This was also true of touching Christ or his clothes. Truly, these books are a healing manual. They may not have been included in the Bible because they recorded that as a boy Jesus became very angry at another boy, and struck him dead. This is a great lesson. All who are learning about power, must learn when and how not to use that power. (the editor)

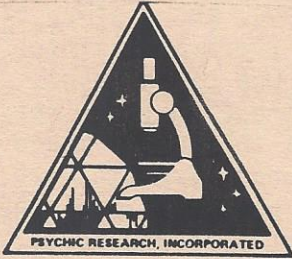
[Meridian Books, 1301 Avenue of the Americas,  
N.Y., NY 10019 LC03#63-19519]

VOLUNTEERS: The Lab has need of services in the following areas. Graphics, editing, typing, word processing, bookkeeping and grant writing. If you have the time and wish to help, please contact Dick or Linda. 408/279-2291

\* NEWSLETTER EXPERIMENTS: Please complete, and REPORT your findings. The data you collect will be accumulated, summarized and reported. We have had a poor return on results, please reply. By being a serious participant you will make a significant contribution to the development of a body of statistical data. This data will help us understand the subtle energies. You will earn free copies of those reports, and will be named in the credits.

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